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IMPACT KIDS WORSHIP

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“So Christ himself gave the apostles, the prophets, the evangelists, the pastors and teachers, to equip his people for works of service, so that the body of Christ may be built up.”

Ephesians 4:11-12

WORSHIP ACTIVITY 1

BODY PRAYER

Begin by standing and form praying hands. Take a deep breath in and as you release try and clear your mind of distractions.

Take another breath and raise your hands high above your head. Look up knowing that God is always by your side, guiding, protecting, and challenging you.

Reach out and grab the hands of those standing near you. Take a deep breath together and as you exhale give thanks for one another; your family, friends, and church.

Draw your hands to your heart and take a breath in, as you exhale listen and feel your heart beating. Your heartbeat connects you with all other creatures and the Creator.

Extend your arms out in front of you with your palms facing upward. As you breathe in think of the gifts God has given to you. As you exhale think about how you can use those gifts to strengthen the body of Christ.

WORSHIP ACTIVITY 2

PASSING THE PEACE 2020 STYLE

In traditional worship, people often “Pass the Peace” as a way to greet one another. If you are not familiar with this practice, two people shake hands. One person says, “The peace of Christ be with you” while the other person responds, “and also with you.” Being together has been and still is challenging in our world right now. Reaching out and “passing the peace” in the traditional way could be more harmful than loving. Connect with each person in the room by passing the peace 2020 style. Stay 6ft away from each other and holding up a peace sign while saying, “The peace of Christ be with you, and also with you.” Close by praying together (still staying 6 ft apart). Thank God for the gift of one another and ask God for wisdom, patience, and courage to find new ways of being together today and in the days to come.

WORSHIP ACTIVITY 3

EXPRESSIONS OF GRATITUDE FOR TOGETHERNESS

Divide up the letters evenly between worshippers. Work together to spell out the phrase "Better Together." As each participant lays down their letters, they will share one thing they are thankful for that starts with the same letter. Begin with the letter "B" and take turns giving thanks and spelling out our theme.

